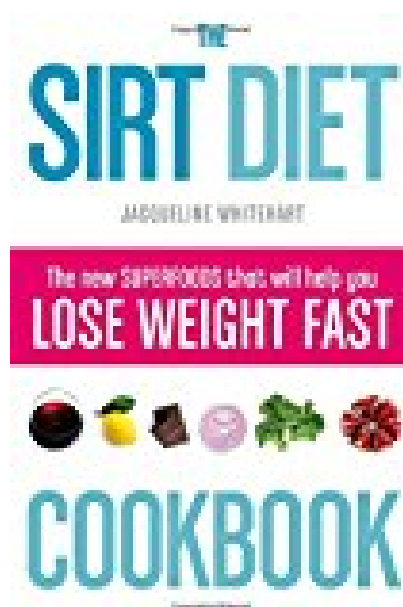


The Sirt Diet Cookbook



BOOK DETAILS

- Author : Jacqueline Whitehart
- Pages : 320 Pages
- Publisher : Harper Thorsons
- Language : English
- ISBN : 0008163367

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BOOK SYNOPSIS

The SIRT Diet shows how to incorporate tasty SIRT superfoods into your daily routine and how these foods can help burn fat, increase muscle definition and boost health.

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