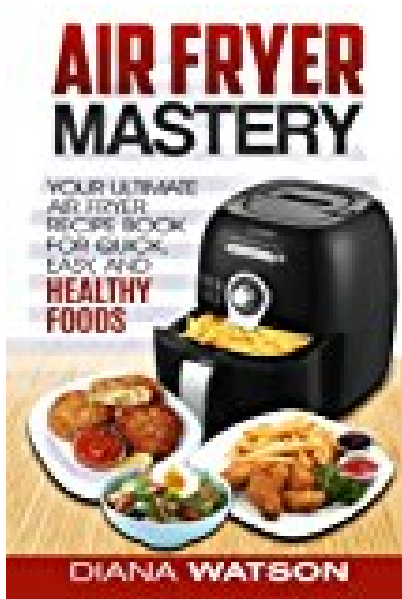


# Air Fryer Mastery Cookbook Your Ultimate Air Fryer Recipe Book For Quick Easy And Healthy Foods

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## BOOK DETAILS

- Author : Diana Watson
- Pages : 102 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1543129749

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## **BOOK SYNOPSIS**

If you have been searching for a way to cook your meals, so your food will be healthy, tender, and juicy inside; the Air Fryer is the way to go. It is an excellent tool to add to your kitchen because the heat is circulating for optimal heating distribution. You will discover from the time you read the first page just how much Air Fryer Cookbook Mastery: Your Ultimate Air Fryer Recipe Book For Quick, Easy, And Healthy Foods will send you on the fast track to a healthier lifestyle. Within a short time, you will be able to roast, bake, grill, or fry your foods with a tablespoon or less of oil. How healthy is that? You get to enjoy the food without all of the unnecessary baggage that comes along with it. If you still aren't sure whether you will be sacrificing the taste of your foods, try one of these tasty treats: -Apple Dumplings -Air Fryer Spinach Frittata -Country Style Chicken Tenders -Tarragon Chicken -Halibut Steak With a Teriyaki Glazed Sauce -Spicy Pumpkin Patch Cannoli Treats for Halloween Be sure not to miss out on any of these tasty treats and healthy meals you can prepare with your Air Fryer. Happy Cooking!

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